Emotional intelligence and academic achievement in students from the Faculty of Humanities and Education at Alas Peruanas University

Freddy Roberpierre Jaimes Álvarez*

ABSTRACT

With the present investigation, we looked for to find the relationship that exists between the emotional intelligence and the academic performance in students of the Faculty of Education and Humanities of Alas Peruanas University. For this, it has been considered four components of the emotional intelligence: the handling of the state of spirit, the handling of the stress, the adaptability, the emotional interpersonal component and the emotional intrapersonal component. The investigation is of descriptive-explanatory type, because it carries out measuring of the emotional variable intelligence and academic achievement, in order to describe the relationships among them in a certain moment. The assumed method and the investigation techniques were applied a population composed by students of the Faculty of Education in the various academic periods.

Key words: Emotional intelligence, stress, adaptability.